

# St Mary's GP Training Programme

## Description of Programme

This long-established and popular training programme offers a combination of inner city general practice and teaching hospital posts. It is centred on St Mary's Hospital, in a vibrant and culturally diverse part of central London, five minutes walk from Paddington railway station and housed in its postgraduate education centre.

St Mary's Hospital serves a deprived multi-ethnic inner city area, and is part of the Imperial College Medical School where a large proportion of undergraduate teaching takes place in General Practice.

This year we are offering nine rotations all starting in August. The rotations chiefly comprise of six months in General Practice followed by three 6 month hospital posts, followed by a year in General Practice.

## Location

St Mary's Postgraduate Medical Education Centre  
2nd Floor, Mint Wing  
St Mary's Hospital  
Praed Street  
London  
W2 1NY

## Posts

The St Mary's GP Training Programme offers a choice of 3-year rotations constructed from the following posts and placements in GP training practices:

- A & E
- Medicine for the Elderly
- GU Medicine
- Forensic Gynaecology/Haven
- Obstetrics & Gynaecology
- Paediatrics
- Palliative Care and GU Medicine
- Psychiatry
- Public Health
  
- GP/ Women's health/Paeds A+E/Rheum (ITP)
- GP/ Palliative Care/Dermatology /GUM (ITP)
- GP with Community Paediatrics

Further details are in our training booklet, available on the Deanery website or the Training Programme administrator.

## Educational Activities

- **Two-day residential:** this annual event provides an opportunity for greater in-depth group learning and is an invaluable part of the course.
- **Weekly half-day Course:** time is made available to attend from the hospital and GP posts. The emphasis is on problem based learning and group support, with sharing of clinical and personal experience. An outside facilitator is regularly invited to the group. Responsibility for the content of the course is planned with the trainees. The

course is central to the scheme, and attendance is compulsory throughout the three years.

- **Tutorials with GP Trainers or Consultants.**
- **Assessment:** Work placed based assessment organised via the nMRCGP e portfolio.
- **Registrar Swaps:** If requested there is opportunity for GP trainees to exchange jobs for one week within the scheme to gain experience of other training practices.

Facilities for postgraduate studies are excellent. There are frequent clinical meetings and courses covering a large range of subjects. We have access to the Medical School library with its general practice and primary care resources as well as IT facilities.

## Highlights

This successful and developing programme is built on collaborative working between the trainees, programme directors, trainers and consultants.

The nurturing of professional and personal development is the foundation on which the scheme is built. With the half-day release as its cornerstone we offer a variety of clinical and non- clinical subjects as well as group sessions, where complex issues around patient management are explored.

It is a popular central London scheme, and many of the previous trainees go on to work as GPs in the area. Study leave and exams are encouraged as an expected part of GP training and many local diploma courses are available, and there is a high MRCGP pass rate.